

Product feature:

High Precision Measurement

Oral Measurement

Super size LCD Screen

Buzzer reminding function



The [Basal body temperature\(BBT\)](#) consists of two phases with the day of ovulation and higher after ovulation.1 or 2 days after ovulation the temperature shifts into the high range and stays there for about 2 weeks.It then drops prior to menstruation.The changes in a person's BBT can be understood by recording the BBT over several months.

Copy the Basal Body temperature Chart on the reverse side to record your BBT.

Measure basal temperature, can get the "comfortable pregnancy" time



Basal temperature is referred to Body temperature has not been measured by the effects of exercise or diet.

It is usually the lowest temperature in the body around the day and night, while the basic body temperature of women is usually in the range of  $0.3^{\circ}\text{C}$ - $0.5^{\circ}\text{C}$ .

The cold day before the high temperature period is the ovulation day

#### Step1.

Press the On/Off Button next to LCD display. A tone will sound as the screen shows , followed by last memory temperature.

After showing the self-test temperature, the thermometer is now in the testing mode.

\*Note: If the measured temperature is less than  $32^{\circ}\text{C}$  or  $90^{\circ}\text{F}$ , the LCD will display Lo, if the measured temperature is higher than  $42.9^{\circ}\text{C}$  or  $109.9^{\circ}\text{F}$ , the LCD will display Hi.

#### Step2. Position thermometer in desired location (mouth)

a) Oral Use: Place [thermometer](#) under tongue as indicated by "v" position. Close your mouth and breathe evenly through the nose to prevent the measurement from being influenced by inhaled/exhaled air. Normal temperature between  $35.7^{\circ}\text{C}$  and  $37.3^{\circ}\text{C}$  ( $96.3^{\circ}\text{F}$  and  $99.1^{\circ}\text{F}$ )

#### Step3.

The degree sign flashes throughout the testing process. When flashing stops an alarm will beep for approximately 10 seconds. The measured reading will appear on the LCD simultaneously. The minimum measurement time until the signaling tone (beep) must be maintained without exception. The measurement continues even after the buzzer notification. The displayed temperature will not change when thermometer is removed from its testing position.

#### Step4.

To prolong battery life, press the On/Off Button to turn unit off after testing is complete. If no action is taken, the unit will automatically shut off after around 10 minutes.  
Store the [thermometer](#) in its protective case.

Product information



name	thermometer	range	32—43℃
model	JT002BTS	humidity	-20℃+60℃≤85%RH
detector	thermistor	weight	15g(included battery)
temperature	Four digit display	size	20mm*130mm*13mm
accuracy	±0.05℃ (36-39℃) ±0.2℃ (32-35.99℃, 39.01-43℃) ±0.1°F (96.8-102.20°F) ±0.4°F (89.6-96.78°F, 102.2-107.6°F)		

Measure in a room temperature test tank at room temperature of 25 ℃ (77°F)

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## High sensitive thermistor temperature measurement

The advanced temperature sensing technology, aimed at the oral temperature measurement, can be measured in a minute to measure the body temperature

